

INNOVATIONS IN ENERGY HARVESTING TECHNOLOGIES FOR WIRELESS SENSOR NETWORKS: TOWARDS SELF-POWERED SYSTEMS

Research Article

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Ravikiran Mahadasa^{1*}, Dileep Reddy Goda², Pavani Surarapu³

¹Senior ETL Lead, Data Inc. (Wells Fargo), CIC BLDG 3, 1525 W W.T. Harris Blvd, Charlotte, NC 28262, USA

²Software Engineer, iMINDS Technology Systems, Inc. (JPMorgan Chase), 10 S Dearborn St, Chicago, IL 60603, USA

³Senior Full Stack Developer, Software Developer Department for Energy, Direct Energy, Houston, TX, USA

*Email for Correspondence: ravikiranmahadasa1985@gmail.com

Abstract

This research looks into new developments in wireless sensor network (WSN) energy harvesting technologies and how they affect self-powered systems. The primary goals are to investigate various energy harvesting technologies, pinpoint integration tactics and obstacles, look at case studies and real-world applications, and suggest future lines of inquiry and research avenues. A thorough analysis of the body of research from credible internet sources, conference proceedings, and peer-reviewed publications is part of the technique. The importance of developments in materials science, their integration with AI and ML methods, the creation of multimodal energy harvesting systems, the investigation of novel energy sources and mechanisms, and the consideration of environmental and social impacts are all highlighted by critical findings. Policy implications include the need for financial incentives, legal frameworks, ecological assessments, social equality programs, and support for research and innovation to encourage the widespread acceptance and sustainable deployment of self-powered sensor networks. By expanding our knowledge and developing new energy harvesting methods for WSNs, this research helps to create sensor systems that are reliable, efficient, and self-sufficient.

Key words

Energy Harvesting, Wireless Sensor Networks, Self-Powered Systems, Renewable Energy, Sustainable Energy Solutions, Power Generation

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INTRODUCTION

The growth of wireless sensor networks (WSNs) in recent years has increased the demand for self-powered devices that can function independently in various situations. For both academics and engineers, the capacity to capture ambient energy and transform it into helpful power has become a top priority. This emphasis results from the drawbacks of conventional power sources, like batteries, which are limited and difficult to maintain and hurt the environment. As a result, advancements in energy harvesting technologies have shown promise in meeting the power requirements of wireless sensor networks (WSNs), opening the door to fully self-sufficient systems.

Energy harvesting, sometimes called power harvesting or energy scavenging, is obtaining and transforming environmental energy into electrical power. Electronic equipment, including sensors, can be powered by this captured energy without external power sources (Vadiyala & Baddam, 2018). Utilizing ambient sources like radio frequency signals, mechanical vibrations, solar radiation, and temperature gradients, energy harvesting systems provide a renewable and sustainable substitute for traditional power sources.

Incorporating energy harvesting technologies into wireless sensor networks (WSNs) has noteworthy consequences for various applications, encompassing industrial automation, innovative infrastructure, and environmental

monitoring. Self-powered sensor nodes can offer functional data-gathering capabilities where access to conventional power sources is restricted or impracticable (Baddam, 2017). This allows for real-time tracking and analysis without being constrained by battery life or the requirement for frequent maintenance.

Energy harvesting can lower ownership costs while extending sensor networks' operational lifetime, one of its main benefits for wireless sensor networks. Self-powered systems are more dependable and autonomous as they don't require periodic battery replacement or recharging, which makes them ideal for installation in isolated or difficult-to-reach areas. Energy harvesting also allows operations to continue continuously, guaranteeing data collection and transmission even during difficult situations or bad weather (Goda et al., 2018).

The quest for self-sufficient systems for wireless sensor networks (WSNs) has incited a surge of creativity in energy harvesting technologies, propelling progress in effectiveness, expandability, and amalgamation. Scholars have investigated a wide range of energy sources and harvesting systems to maximize efficiency and get beyond the inherent drawbacks of each strategy. With significant advancements in energy-collecting technologies, such as thermoelectric generators, electromagnetic harvesters, small solar panels, and piezoelectric transducers, WSNs can sustainably generate power (Vadiyala, 2019).

This article examines the most recent advancements in WSN energy harvesting technology and how they affect the creation of autonomous systems. We want to provide insights into the subject's current status and recommend possible directions for future study by examining recent research findings and developing trends. Using an extensive analysis of fundamental ideas, obstacles, and prospects, we aim to further the development of self-sufficient sensor networks and the uses of these networks in various fields.

STATEMENT OF THE PROBLEM

The broad deployment of self-powered systems is hampered by several hurdles and research gaps, even though significant progress has been made in energy harvesting technology for wireless sensor networks (WSNs). One of the most critical problems is that the energy harvesting techniques now need higher efficiency and reliability. This is especially problematic when the energy sources are unexpected or fluctuate. There is still a need for holistic strategies that address the entire energy management and optimization of self-powered wireless sensor networks (WSNs), even though breakthroughs have been achieved in improving the energy conversion efficiency of individual harvesting devices (Baddam et al., 2018). In addition, the scalability and integration of energy harvesting technologies into existing sensor networks present considerable hurdles. These challenges necessitate developing creative solutions to guarantee these technologies' flawless deployment and operation across various applications and settings (Surarapu et al., 2018).

The primary purpose of this research is to evaluate current developments in energy harvesting technologies for wireless sensor networks (WSNs) and to determine whether or not these technologies have the potential to make it easier for systems to operate on their power. An exhaustive analysis of recent developments in energy harvesting systems will be carried out as part of this inquiry. The primary areas of concentration will be efficiency, scalability, and integration enhancements. In addition, the study intends to identify and address essential difficulties and research gaps in the field to overcome constraints connected with technologies that are now in use (Mallipeddi & Goda, 2018). This study examines new trends and possibilities to evaluate the feasibility and practical implications of deploying energy harvesting technologies in real-world applications. This evaluation will consider environmental conditions, power requirements, and system limits. In conclusion, the study aims to suggest future research paths and recommendations to hasten the development and implementation of self-powered systems in wireless sensor networks (WSNs), emphasizing interdisciplinary collaboration and exchanging knowledge to achieve significant results.

The significance of this study lies in the fact that it contributes significantly to the development of energy harvesting technologies for wireless sensor networks (WSNs) and the implementation of these technologies in self-powered systems (Mallipeddi et al., 2017). By examining current advancements, it intends to contribute to the long-term viability of wireless sensor networks (WSNs) by lowering their dependency on traditional power sources and decreasing their environmental impact. As an additional objective, the research endeavors to improve the dependability of sensor networks by guaranteeing continuous functioning and data collecting in various conditions. This will ultimately result in a reduction in maintenance and enhanced cost-effectiveness. It is important to note that the availability of self-powered sensor networks opens up new avenues for monitoring and control applications in remote or inaccessible sites. This creates opportunities for environmental monitoring, infrastructure management, and precision agriculture breakthroughs. This study's overarching objective is to enhance the state of the art in energy harvesting technologies for wireless sensor networks (WSNs), ultimately resulting in several societal and economic benefits.

The overarching objective of this research is to make significant strides in energy harvesting technologies for wireless sensor networks (WSNs) and to pave the way toward the actualization of totally self-powered systems that offer substantial advantages to society and the economy.

METHODOLOGY OF THE STUDY

This review article uses a secondary data-based methodology to examine advancements in energy harvesting technologies for wireless sensor networks (WSNs) and their consequences for self-powered systems. The approach entails gathering, evaluating, and synthesizing extant literature from books, conference proceedings, peer-reviewed journals, and reliable Internet sources.

Electronic databases, including PubMed, IEEE Xplore, Web of Science, and Google Scholar, are all included in the search approach. Relevant keywords like "energy harvesting," "wireless sensor networks," and "self-powered systems" and their variants are used. Boolean operators are utilized for search queries and guarantee thorough coverage of pertinent material; boolean to the subject, publishing in scholarly conference proceedings or peer-reviewed journals, and full-text accessibility are among the inclusion criteria for choosing the articles. Screening articles involves evaluating their abstracts and titles to uncover studies that offer new perspectives, methods, or conclusions about energy harvesting devices for wireless sensor networks (WSNs).

Select publications are systematically reviewed and analyzed, emphasizing significant themes, techniques, experimental setups, findings, and implications to extract data. Data on energy harvesting technologies, efficiency, scalability, integration, and valuable applications is included to give a thorough picture of today's sector.

A quality assessment of the included studies is carried out to guarantee rigor and validity, paying particular attention to methodological robustness, presentation clarity, and relevance to the study aims. Research displaying methodological flaws or biases is critically assessed and placed within the larger body of literature.

To enable logical presentation and analysis, synthesized findings are arranged thematically, highlighting potential gaps, problems, and trends in energy harvesting systems for wireless sensor networks (WSNs). As part of the approach, new research avenues and study suggestions are also identified to progress the area and resolve existing constraints.

Overall, this study's secondary data-based review technique allows for a thorough analysis of WSN energy harvesting technologies advancements, providing insightful information and essential implications for creating self-powered systems.

ENERGY HARVESTING MECHANISMS: PRINCIPLES AND INNOVATIONS

Wireless sensor networks (WSNs) can use a wide range of processes known as energy harvesting technologies, which are intended to collect and transform ambient energy into electrical power that can be used. These systems creatively increase sustainability and energy conversion efficiency by utilizing various energy sources, such as solar radiation, mechanical vibrations, temperature differentials, and radio frequency signals (Mahadasa & Surarapu, 2016). This study examines the fundamental ideas behind various energy harvesting techniques and focuses on current developments propelling the growth of self-powered WSN systems.

Solar Energy Harvesting: Solar energy collection is one of the most popular methods for powering wireless sensor nodes. Through the photovoltaic effect, photovoltaic cells, sometimes called solar panels, transform sunlight into electrical energy. Advancements in sun harvesting technologies have recently concentrated on increasing photovoltaic cell efficiency, optimizing their performance in low light, and reducing their form factor to facilitate integration into small sensor designs (Mahadasa, 2016). Furthermore, next-generation solar cells, like organic photovoltaics and perovskite-based technologies, have been developed as a result of advances in materials science. These cells offer improved efficiency and versatility for various applications in WSNs.

Mechanical Energy Harvesting: Mechanical energy harvesting produces electrical power by harnessing the kinetic energy in surrounding vibrations or movements. The piezoelectric effect, in which mechanical stress causes an electrical charge to be induced across the material, is exhibited by piezoelectric materials, such as piezoelectric polymers or crystals. Because of this phenomenon, mechanical vibrations can be converted into electrical energy, making piezoelectric transducers helpful in capturing energy from various sources, such as human motion, industrial vibrations, and environmental vibrations. To improve energy extraction from mechanical sources, recent advancements in mechanical energy harvesting have concentrated on improving

the sensitivity and efficiency of piezoelectric materials, customizing transducer designs for particular uses, and investigating cutting-edge integration strategies (Mahadasa & Surarapu, 2016).

Thermal Energy Harvesting: Using thermoelectric conversion, thermal energy harvesting uses environmental temperature differences to produce electricity. The Seebeck effect, which makes electrical voltage when a temperature gradient occurs across a thermoelectric material, is used by thermoelectric generators (TEGs) (Ju et al., 2018). Waste heat from sources like electronic equipment, industrial operations, and temperature variations in the surrounding air can be converted into valuable electrical energy using this concept. The efficiency and dependability of thermoelectric materials have been improved recently, device architectures have been optimized to maximize heat transfer and reduce thermal losses, and innovative strategies like hybrid TEG systems and flexible thermoelectric materials for integration into wearable or flexible sensor platforms have been explored.

Radio Frequency (RF) Energy Harvesting: To produce electricity, radio frequency energy harvesting entails detecting and correcting ambient radio frequency signals, such as those from Wi-Fi, cellular networks, or RFID transmissions. Rectifying circuits, such as diode rectifiers or RF energy harvesters, are used by antenna-based RF harvesting systems to transform RF signals into direct current (DC) power. With the help of this method, energy may be harvested from wireless networks and other RF sources found in the surroundings, giving WSNs a constant and omnipresent power supply. To increase power extraction from RF signals, recent advancements in RF energy harvesting have concentrated on rectification efficiency improvement, multi-band antenna design optimization, and interference and impedance matching mitigation (Rashid et al., 2018).

Hybrid Energy Harvesting Systems: Hybrid energy collecting techniques are combined in hybrid energy harvesting systems to maximize power generation efficiency and take advantage of complementary energy sources (Mahadasa, 2017). Hybrid systems, which combine mechanical, thermal, RF, and solar harvesting methods, can lessen the drawbacks of separate harvesting mechanisms and offer WSNs a more dependable and long-lasting power source. To ensure continuous operation in dynamic situations, recent advancements in hybrid energy harvesting have concentrated on improving system topologies, creating sophisticated energy management algorithms, and incorporating energy storage technologies like supercapacitors or batteries.

For wireless sensor networks, energy-collecting technologies are essential to the ability of self-powered systems. Energy harvesting mechanisms provide a sustainable and renewable alternative to conventional power sources by utilizing innovative technologies and principles to harness ambient energy sources. This approach paves the way for developing environmentally friendly and autonomous wireless sensor networks. The development of energy-collecting technologies and ongoing research propels the goal of realizing fully autonomous systems with various applications in various fields.

INTEGRATION CHALLENGES IN SELF-POWERED SENSOR NETWORKS

Energy harvesting technologies provide several integration issues for wireless sensor networks (WSNs) that need to be overcome to achieve self-powered systems that can operate continuously. Energy management, system design, and operational limits are only a few elements that must be carefully considered for energy harvesting methods to be integrated effectively, even though they hold the promise of sustainable and independent power generation. In this chapter, the main obstacles to incorporating energy harvesting technology into WSNs are examined, and solutions are proposed.

Energy Management and Storage: The efficient management and storage of captured energy is one of the main obstacles to integrating energy harvesting technology into WSNs. The intermittent or fluctuating power production of energy harvesting systems necessitates the implementation of practical energy management algorithms and storage methods to guarantee the continued operation of sensor nodes. In addition, the mismatch between supply and demand for energy and the limited energy storage capacity of onboard batteries or capacitors makes it necessary to design adaptive energy management systems to minimize energy swings, optimize power usage, and prioritize workloads (Surarapu, 2016).

Power Conversion and Regulation: Efficient conversion and management of captured energy to meet sensor node power requirements is another problem in incorporating energy harvesting technology into WSNs (Pop-Vadean et al., 2017). The output from energy harvesting systems is usually low voltage and variable power. Power conditioning circuits like voltage regulators, boost converters, or maximum power point trackers (MPPTs) must maximize energy extraction and guarantee compatibility with sensor electronics. To reduce energy losses and optimize system performance, however, the design and execution of practical power

conversion circuits must consider variables including input voltage range, load fluctuation, and power efficiency.

System Design and Integration: The architecture of sensor nodes, communication protocols, and ambient conditions are just a few elements that must be carefully considered when designing and integrating energy harvesting systems into WSNs. For sensor nodes to be deployed in harsh or space-constrained environments, they must be lightweight and compact. This means energy harvesting components like solar panels, piezoelectric transducers, or thermoelectric generators must be integrated into sensor nodes without sacrificing functionality or performance. To enable smooth integration and interoperability with other sensor nodes and network infrastructure, the compatibility of energy harvesting systems with current communication protocols and networking architectures must also be guaranteed (Tang et al., 2018).

Environmental Considerations: Integrating energy harvesting is further complicated by the ambient conditions in which self-powered sensor networks function. The performance and dependability of energy harvesting components can be impacted by several factors, which may result in decreased efficiency or early failure. These factors include temperature extremes, humidity, dust, moisture, and exposure to corrosive substances (Surarapu, 2017). For this reason, choosing strong and ecologically friendly materials, coatings, and encapsulating methods is essential to guaranteeing the energy harvesting systems' long-term stability and durability in various working conditions.

Scalability and Deployment: Integrating energy harvesting devices into large-scale sensor networks covering huge geographic areas or heterogeneous environments presents issues related to scalability and deployment (Lin et al., 2017). The ideal placement of self-powered sensor nodes to maximize energy harvesting potential while maintaining network connectivity and coverage requires consideration of accessibility, coverage density, and spatial distribution. Moreover, to enable the implementation of self-powered sensor networks in practical applications, the scalability of energy harvesting systems needs to be assessed regarding cost-effectiveness, dependability, and maintenance needs.

Energy harvesting technology integration into wireless sensor networks poses several issues that must be resolved to create self-powered systems that can operate continuously. By tackling issues about energy management, power conversion, system design, environmental considerations, and scalability, scholars and engineers can surmount integration barriers and unleash the possibilities of energy harvesting technologies for self-sufficient and environmentally conscious sensor networks. Research and development in energy harvesting integration methods drive the growth of self-powered systems with wide-ranging applications in several fields.

EFFICIENCY OPTIMIZATION TECHNIQUES FOR ENERGY HARVESTING

For wireless sensor networks (WSNs), optimizing efficiency is essential to maximizing the sustainability and efficacy of energy harvesting technology. The dependability, independence, and efficiency of self-powered sensor systems can all be increased by engineers and researchers through more efficient energy conversion, storage, and use procedures. The methods and approaches used to maximize the effectiveness of energy harvesting systems in wireless sensor networks (WSNs) are examined in this chapter.

Material Selection and Engineering: The careful engineering and selection of materials for harvesting devices is a crucial approach to maximize the efficiency of energy harvesting technology. For example, photovoltaic material selection can significantly impact conversion efficiency in solar energy harvesting. Compared to conventional silicon-based photovoltaics, innovative materials, including perovskites, quantum dots, and organic semiconductors, offer more efficiency, flexibility, and affordability (Sharma et al., 2018). As a result, researchers are investigating these materials. Similarly, advances in material science have produced susceptible and long-lasting piezoelectric materials, enabling improved energy conversion from mechanical vibrations in mechanical energy harvesting.

System-Level Optimization: Different components of the energy harvesting system must be integrated and coordinated at the system level to optimize overall performance. This entails maximizing energy losses throughout conversion and transmission procedures, implementing effective power management and storage techniques, and matching energy sources with harvesting systems as best as possible (Vadiyala et al., 2016). Furthermore, intelligent energy management algorithms and control strategies may be used in system-level optimization to regulate power flow adaptively and prioritize tasks according to dynamic energy availability and demand.

Maximum Power Point Tracking (MPPT): The energy harvesting efficiency of photovoltaic and other energy sources is often maximized by applying Maximum Power Point Tracking (MPPT) techniques. MPPT

algorithms dynamically adjust energy harvesting devices' operational points to optimize power output in response to changing environmental factors like temperature or variations in sun irradiation (Kaluvakuri & Vadiyala, 2016). Hill climbing algorithms, incremental conductance (INC), and perturb and observe (P&O) are common MPPT strategies that continually monitor and modify the operating voltage and current to keep the system at its maximum power point.

Energy Storage Optimization:

The reliability and independence of self-powered sensor networks depend on adequate energy storage. According to optimization approaches, energy density, cycle life, and environmental compatibility are just a few considerations for choosing the proper energy storage devices, such as batteries, supercapacitors, or hybrid energy storage systems (Deming *et al.*, 2018). Additionally, sophisticated algorithms for charging and discharging can be used to maximize energy transfer and use, reduce losses, and increase the longevity of energy storage devices.

Harvesting Multiple Energy Sources: Optimizing efficiency can be accomplished by utilizing complementary energy sources to improve overall power generation and system reliability sequentially or simultaneously. Hybrid energy harvesting systems aim to increase energy availability while overcoming the drawbacks of separate energy sources (Zhang *et al.*, 2017). These techniques include mechanical, thermal, and solar energy. In addition, intelligent energy management algorithms can dynamically transition between energy sources in response to energy demand and environmental factors, guaranteeing optimal power generation and uninterrupted operation.

Environmental Adaptation and Feedback Control: Adapting the energy harvesting system to external circumstances and feedback control systems are examples of efficiency optimization strategies. Environmental sensors can be included in energy harvesting systems to monitor ambient parameters like temperature, vibration amplitude, light intensity, or RF signal strength. This allows for the real-time adjustment of harvesting settings and operating conditions. Systems performance and efficiency can be enhanced in dynamic conditions by using feedback control loops to adjust energy harvesting procedures in response to sensor readings.

Efficiency optimization techniques are critical in maximizing the performance and sustainability of energy-harvesting technologies for wireless sensor networks (Mallipeddi *et al.*, 2014). By leveraging material science advancements, system-level optimization strategies, MPPT techniques, energy storage optimization, hybrid energy harvesting approaches, and environmental adaptation mechanisms, researchers and engineers can enhance the efficiency, reliability, and autonomy of self-powered sensor systems, paving the way towards truly sustainable and autonomous WSNs. Ongoing research and innovation in efficiency optimization techniques continue to drive progress toward developing self-powered systems with broad applications in diverse domains.

REAL-WORLD APPLICATIONS AND CASE STUDIES

Self-powered wireless sensor network systems have advanced due to energy-harvesting technology breakthroughs. This chapter examines energy harvesting applications and case studies to demonstrate their feasibility, efficacy, and impact across domains.

Environmental Monitoring: Environmental monitoring using self-powered sensor networks collects data on air, water, soil, and biodiversity. Solar and thermal energy harvesting allows sensor nodes in remote or inaccessible locations to monitor environmental parameters autonomously without battery replacement or maintenance (Mouapi & Hakem, 2018). According to case studies, self-powered sensor networks can monitor urban air pollution, river and lake water quality, and forest and wildlife habitat biodiversity.

Structural Health Monitoring: Self-powered sensor networks are widely employed in civil engineering and infrastructure management for structural health monitoring (SHM). Piezoelectric energy harvesting devices in buildings and infrastructure components detect faults, cracks, and anomalies in real-time. Harvesting mechanical vibrations from structural activity or external stimuli is a sustainable and cost-effective way to improve SHM safety, dependability, and maintenance efficiency. According to case studies, self-powered sensor networks can detect structural degradation and deterioration before catastrophic failures in bridges, dams, buildings, and pipelines (Goda, 2016).

Industrial Automation and Machinery Monitoring: In industrial automation and machinery monitoring, self-powered sensor networks monitor equipment performance, predict faults, and optimize maintenance schedules. Piezoelectric and electromagnetic energy harvesting allows sensor nodes to be integrated into

rotating machinery, conveyor belts, and other industrial equipment to power sensors and transmit data wirelessly (Vadiyala & Baddam, 2017). Self-powered sensor networks enable scalable and cost-effective industrial condition monitoring and predictive maintenance without wired power sources or battery replacements. According to case studies, self-powered sensor networks can monitor pumps, motors, turbines, and other essential equipment, lowering downtime, maintenance costs, and operational efficiency.

Agricultural Monitoring and Precision Agriculture: Self-powered sensor networks allow farmers to monitor crop status, soil moisture, and environmental data in real-time, revolutionizing precision agriculture. Solar-powered sensor nodes with soil moisture, temperature, and ambient monitors provide irrigation scheduling, crop health, and yield optimization insights across agricultural fields (Tuli et al., 2018). Solar energy collecting systems enable autonomous and sustainable sensor networks in remote or off-grid farming sites, improving productivity, resource efficiency, and environmental sustainability. Examples of self-powered sensor networks in precision irrigation, crop monitoring, insect detection, and soil fertility management have increased crop yields, reduced water use, and reduced environmental impact.

Smart Cities and Infrastructure Management: Smart cities and infrastructure management systems require self-powered sensor networks to monitor and control vital infrastructure assets, including transportation networks, utilities, and public facilities, in real time (Surarapu, 2016). Urban areas use solar-powered sensor nodes with sensors, actuators, and communication modules to monitor traffic flow, pollution, and energy use. Smart city infrastructure can function autonomously and sustainably using energy harvesting technology, lowering operational costs, strengthening resilience, and improving residents' quality of life. Case studies show how self-powered sensor networks improve urban infrastructure performance and livability in traffic, garbage, street lighting, and environmental monitoring.

Energy harvesting enables real-world applications and case studies in environmental monitoring, structural health monitoring, industrial automation, agricultural monitoring, smart cities, and infrastructure management. Energy harvesting technologies enable new solutions to critical challenges and beneficial social and environmental effects by offering sustainable and autonomous power sources for wireless sensor networks. Continuous research and development expands self-powered system capabilities and applications, enabling a more sustainable and linked future.

FUTURE DIRECTIONS AND RESEARCH OPPORTUNITIES

As energy harvesting technologies for wireless sensor networks (WSNs) evolve, new research avenues and possibilities emerge, enabling more sustainable, efficient, and autonomous self-powered systems. This chapter discusses WSN energy harvesting research and development priorities.

Advancements in Materials Science: Materials science advances will likely drive energy harvesting technology development to create novel materials and nanostructures with improved energy conversion (Vadiyala, 2017). Novel solar, piezoelectric, thermoelectric, and electromagnetic energy harvesting materials and hybrid materials and composites to synergistically integrate several energy harvesting mechanisms are explored. Researchers want to develop next-generation energy harvesting devices for WSNs by customizing material properties at the nanoscale to improve efficiency, durability, and flexibility.

Integration of Artificial Intelligence and Machine Learning: AI and ML offer intriguing prospects for optimizing energy harvesting systems and improving their performance in dynamic contexts. AI algorithms can forecast, optimize, and control energy harvesting processes, enabling adaptive energy management systems that dynamically modify harvesting parameters based on environmental conditions and energy demand. ML algorithms, pattern identification, anomaly detection, and problem diagnosis enable real-time energy harvesting system maintenance and optimization.

Development of Multimodal Energy Harvesting Systems: Multimodal energy harvesting systems that use numerous energy sources concurrently or sequentially are likely to be researched in the future. Multimodal systems maximize energy availability and reliability by combining solar, mechanical, thermal, and RF energy harvesting techniques, enabling WSNs to operate in varied environments and situations. Integrating energy storage and hybrid energy harvesting will improve system resilience and autonomy, ensuring critical sensor applications have uninterrupted power.

Exploration of New Energy Sources and Harvesting Mechanisms: Future WSN energy harvesting research will explore new energy sources and harvesting technologies to expand self-powered system capabilities and applications. This includes studying new energy sources such as ambient light, acoustic waves, and biochemical interactions and creating harvesting methods based on unique physical principles and

occurrences. Researchers attempt to meet application needs, optimize energy conversion efficiency, and solve environmental and operational constraints by diversifying energy sources and harvesting methods.

Integration with the Internet of Things (IoT) and Edge Computing: Energy harvesting methods combined with IoT platforms and edge computing infrastructure can improve self-powered sensor networks' intelligence, connectivity, and scalability. Researchers can provide real-time data processing, analytics, and decision-making at the network edge by merging energy harvesting nodes with IoT devices and edge computing resources, lowering latency, bandwidth, and cloud service dependence (Yerram & Varghese, 2018). Energy-aware IoT protocols and algorithms will improve communication, computation, and energy utilization, boosting self-powered system efficiency and autonomy.

Addressing Environmental and Social Impact: Future WSN energy harvesting research will also address environmental and social impacts. This involves studying the environmental impact, sustainability, and recyclability of energy-harvesting materials and devices and the socioeconomic effects of self-powered sensor networks in varied communities and areas. Researchers may ensure energy harvesting devices promote environmental stewardship and fair technology access by examining ethical, regulatory, and sociological factors (Ande, 2018).

Wireless sensor network energy harvesting systems have great innovation, collaboration, and impact potential. Researchers can unlock the full potential of self-powered systems to solve global problems and improve quality of life by advancing materials science, integrating AI and ML techniques, developing multimodal energy harvesting systems, exploring new energy sources and mechanisms, integrating with IoT and edge computing, and considering environmental and social impact. Research and collaboration across disciplines will enable sustainable, efficient, and autonomous sensor networks for a connected society.

MAJOR FINDINGS

Several significant findings from energy harvesting technologies for wireless sensor networks (WSNs) towards self-powered systems demonstrate their importance and potential in allowing sustainable, efficient, and autonomous sensor networks (Haider *et al.*, 2017).

Diverse Energy Harvesting Mechanisms: The study examined solar, mechanical, thermal, and RF energy harvesting systems. Each mechanism generates electricity from ambient energy sources, giving advantages and problems for self-powered sensor networks. The use of photovoltaic cells to convert sunlight into electricity has become widespread, while mechanical and thermal energy harvesting technologies use mechanical vibrations and temperature differentials, respectively (Stevenson-Jones *et al.*, 2014). However, RF energy harvesting captures and rectifies ambient radio frequency waves to power wireless sensor nodes.

Integration Challenges and Strategies: Energy management, power conversion, system design, environmental considerations, and scalability were identified as WSN energy harvesting technology integration problems in the study. To address these difficulties, researchers and engineers use energy management algorithms, system-level optimization, MPPT, energy storage optimization, and environmental adaptability mechanisms. Additionally, hybrid energy harvesting systems integrating several energy sources and AI/ML approaches can optimize energy harvesting performance and resilience.

Real-World Applications and Case Studies: The study showed many real-world applications and case studies of energy harvesting methods powering wireless sensor networks in various areas. Environmental monitoring, structural health monitoring, industrial automation, agricultural monitoring, smart cities, and infrastructure management are examples. Case studies showed that self-powered sensor networks can monitor air and water quality, detect structural faults, optimize industrial operations, boost agricultural production, and improve urban infrastructure. Energy harvesting systems also enable autonomous and sustainable sensor network operation in remote or off-grid locations, decreasing operational costs, resilience, and environmental effects.

Future Directions and Research Opportunities: The study identified several future directions and research opportunities in WSN energy harvesting technologies, including materials science advances, AI and ML integration, multimodal energy harvesting systems, exploration of new energy sources and mechanisms, IoT and edge computing integration, and environmental and social impact considerations. By strengthening these areas, researchers can use self-powered sensor networks to solve global problems and improve quality of life.

The study emphasizes energy harvesting improvements for wireless sensor networks toward self-powered devices. The study sheds light on energy harvesting mechanisms, integration challenges and strategies, real-world applications and case studies, and future directions and research opportunities for self-powered sensor networks for a connected and sustainable future. The full potential of energy harvesting technologies to enable efficient, resilient, and autonomous sensor networks will be realized through cross-disciplinary research and collaboration.

LIMITATIONS AND POLICY IMPLICATIONS

Innovative energy harvesting technologies for wireless sensor networks (WSNs) offer promising opportunities for sustainable, efficient, and autonomous sensor systems. Still, several limitations and policy implications must be addressed to maximize societal benefits.

Technological Limitations: Energy harvesting and integration solutions have improved, but technological limits remain. Low energy conversion efficiency, limited energy storage capacity, environmental fluctuation, and scalability limits prevent many self-powered sensor networks from being used. Research and development are needed to improve energy harvesting technologies, system performance, and operational issues (Surarapu & Mahadasa, 2017).

Economic and Regulatory Considerations: Energy harvesting technologies' financial viability and regulatory context provide policy issues. In resource-constrained countries or sectors, energy harvesting system equipment, installation, and maintenance costs may inhibit adoption (Ade et al., 2017). Policy interventions, including incentives, subsidies, and regulatory frameworks, can boost energy harvesting technology investment and sensor network integration. Standardization and regulations are also needed for interoperability, safety, and industry compliance.

Environmental Impact and Sustainability: Energy harvesting systems may reduce carbon emissions and dependency on conventional power sources, but their environmental impact and sustainability must be assessed. Production, deployment, and disposal of energy harvesting materials and systems may deplete resources, pollute, and generate trash. Lifecycle evaluations, eco-design standards, and sustainable procurement can reduce environmental hazards and boost energy harvesting technology development and utilization.

Social Equity and Access: Energy harvesting technology and its advantages must be accessible to everybody to reduce socioeconomic inequities and promote inclusive development. Subsidies, grants, and technology transfer programs can help underserved, rural, and developing communities obtain energy harvesting technologies. Education and capacity-building can also enable local stakeholders to build, deploy, and administer self-powered sensor networks, strengthening community ownership.

Research and Innovation Policy: Providing policy support for research and innovation in energy harvesting technology is crucial for developing the field and tackling essential obstacles. Public financing, research grants, and collaborative projects can encourage interdisciplinary WSN energy harvesting research, information exchange, and technology transfer. Partnerships between academia, business, and government agencies can help translate research into practice and promote self-powered sensor networks in various industries and applications.

Technological innovation, economic incentives, environmental stewardship, social equality, and research and innovation policy are needed to address the constraints and policy consequences of energy harvesting systems for wireless sensor networks. Policymakers may foster the widespread acceptance and sustainable deployment of self-powered sensor networks for a more connected, resilient, and sustainable future by enacting specific policies and tactics.

CONCLUSION

The creation of self-powered systems that can operate continuously in various settings and applications has advanced significantly because of developments in energy harvesting technology for wireless sensor networks (WSNs). This study has illuminated the revolutionary potential of energy harvesting for WSNs by investigating various energy harvesting technologies, integration problems and strategies, real-world applications and case studies, future directions, and research prospects.

The study has emphasized the significance of developments in materials science, their integration with machine learning and artificial intelligence techniques, the creation of multimodal energy harvesting systems, the investigation of novel energy sources and mechanisms, their integration with edge computing and the Internet of

Things, and their consideration of environmental and social impact. These paths stimulate cooperation and innovation opportunities among researchers, engineers, legislators, and stakeholders to realize effective, robust, autonomous sensor networks.

To realize the full potential of energy harvesting technology for WSNs, the study also highlights several restrictions and policy implications. Social justice concerns, economic factors, environmental effects, technological difficulties, and research and innovation policies heavily influence future energy harvesting for self-powered sensor networks.

In conclusion, we can harness the power of energy harvesting technology to build a more resilient, sustainable, and connected future by utilizing technological innovation, legislative assistance, and cooperative efforts. We can accelerate the adoption of self-powered sensor networks by making strategic investments, collaborating across disciplines, and using inclusive development approaches. This will have a positive social impact and address global challenges in various fields, from infrastructure management and environmental monitoring to healthcare and agriculture. By working together, we can make the dream of fully autonomous systems for a better future a reality.

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